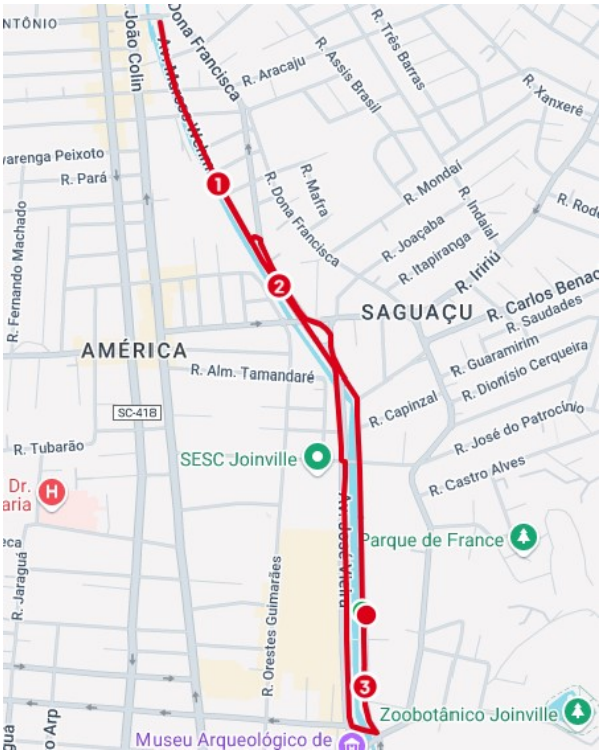
10 KM (duas voltas)

5 KM (UMA VOLTA)